

**Test Report**

Number: SHAH01859722

Applicant: DEZHOU AOC PILATES TECHNOLOGY CO., LTD.  
YANG DAZHUANG VILLAGE,  
NINGJIN COUNTY, DEZHOU CITY,  
SHANDONG PROVINCE,  
CHINA ZIP CODE:253408

Date: 01 Sep, 2025

Attn: ZHAO XINGMEI

Sample Description:

One (1) group of submitted sample said to be :  
Item Name : **AOC-PL009**  
Packaging Provided By Applicant : Yes

Tests Conducted:

As requested by the applicant, for details refer to attached page(s).

**Conclusion:**

<u>Tested sample</u>	<u>Standard</u>	<u>Result</u>
Submitted sample	EN ISO 20957-1: 2024- Stationary training equipment - Part 1: General safety requirements and test methods <b>Excluding-</b> Clause 5.14- Care and maintenance Clause 5.15- Assembly instructions Clause 5.16- General instructions for use Clause 5.17- Marking	Pass
Submitted sample	EN ISO 20957-2:2024 stationary training equipment -Part 2: strength training equipment-additional specific safety requirement and test methods <b>Excluding-</b> Clause 5.8- additional instructions for use Clause 5.9- additional marking	Pass

To be continued

Authorized By:  
Intertek Testing Services Ltd. Zhejiang

Bobo Yao  
Assistant General Manager



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Tests Conducted

**1. GENERAL SAFETY REQUIREMENTS FOR STATIONARY TRAINING EQUIPMENT**

With reference EN ISO 20957-1: 2024 Stationary training equipment – General safety requirements and test methods, the submitted sample was subjected to the following test:

Number of Sample Tested: One(1) Piece

Initial inspection: No any damage was found.

Class: S

Maximum user's weight load as claimed by the applicant: 150kg

Executive Summary:

Clause	Test items	Verdict
5	Safety requirements	-
5.1	General	-
5.2	Stability	P
5.3	External construction	-
5.3.1	General	P
5.3.2	Edges and corners	P
5.3.3	Tube ends	P
5.3.4	Squeeze and shear points	P
5.3.5	Weights and other resistance means	P
5.4	Entrapment of the user	P
5.5	Adjustment components and locking mechanisms	P
5.6	Ropes, belts, chains and attachment components	-
5.6.1	General	P
5.6.2	Ropes and belts	P
5.6.3	Rope and belt guides	P
5.7	Pull-in points	-
5.7.1	General	NA
5.7.2	Pulleys	NA
5.7.3	Chains, gears and sprockets	NA
5.8	Hand grips	-
5.8.1	Integral handgrips	P
5.8.2	Applied handgrips	NA
5.8.3	Rotating handgrips	NA
5.9	Endurance	P
5.10	Isometric test function	NA
5.11	Heart rate measurement system	-
5.11.1	Indication	NA
5.11.2	Heart rate control mode	NA
5.12	Electrical safety	NA
5.13	Loading	P
5.14	Care and maintenance	NC
5.15	Assembly instructions	NC
5.16	General instructions for use	NC
5.17	Marking	-
5.17.1	Permanent marking	NC
5.17.2	Additional marking	NC

Abbreviation: P=Pass NA=Not Applicable NC=Not Conducted

Date Sample Received: Aug 19, 2025

Testing Period: Aug 19, 2025 to Sep 01, 2025



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**2. STRENGTH TRAINING EQUIPMENT-ADDITIONAL SPECIFIC SAFETY REQUIREMENT AND TEST METHODS**

With reference to EN ISO 20957-2:2024 stationary training equipment - Part 2: strength training equipment- additional specific safety requirement and test methods, the submitted sample was subjected to the following test:

Number of Sample Tested: One(1) Piece

Initial inspection: No any damage was found.

Class: S

Maximum user's weight load as claimed by the applicant: 150kg

Executive Summary:

Clause	Test items	Verdict
5	Safety requirements	-
5.1	Stability	-
5.1.1	General	P
5.1.2	Externally loaded equipment	NA
5.1.3	User-defined motion equipment	NA
5.2	Loading	-
5.2.1	Selectorized equipment and alternative resistance training equipment	P
5.2.2	Externally loaded equipment	-
5.2.2.1	Weight posts intended for training	NA
5.2.2.2	Weight posts intended for storage	NA
5.2.2.3	Extrinsic loading	NA
5.2.2.4	Catch mechanisms for guided equipment	NA
5.3	Endurance	-
5.3.1	General	P
5.3.2	Additional requirements for externally loaded equipment	-
5.3.2.1	Work arm actuated equipment	NA
5.3.2.2	Catch mechanisms of guided equipment	NA
5.3.2.3	Drop stop for guided equipment	NA
5.4	Access to squeeze and/or shear points	-
5.4.1	Stacked weights or alternative means of resistance	-
5.4.1.1	General	-
5.4.1.2	Class H	NA
5.4.1.3	Class S and I	-
5.4.1.3.1	Guarding for stacked weights	NA
5.4.1.3.2	No guarding	NA
5.4.1.3.3	Guarding for multiple stacked weight training equipment	NA
5.4.2	Weight disc clearance for externally loaded weights	NA
5.5	Weight disc retention	NA
5.6	Entrapment	NA
5.7	Pull-in points	NA
5.8	Additional instructions for use	NC
5.9	Additional marking	NC

Abbreviation: **P**=Pass **NA**=Not Applicable **NC**=Not Conducted

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Picture 1: Submitted Sample

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End Of Report

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